

Our New desserts are FRESH Strawberries, Blueberries, Bananas, Apples, Pineapples, Peaches, Oranges, Plums & many more Fresh Fruits One of above is come with each meal.

Our Chef's Ingredients meet the following standards
No msg, No artificial color sweetness, No high fructose corn syrups
100% trans fat free, Hormone free milk. No junk foods.



**** ALL MEALS INCLUDES A ONE SIDE ORDER OF RICE, MASHED POTATO, PASTA, COUSCOUS ETC. AND ONE SIDE ORDER OF FRESH VEGETABLES ****

SAMPLE MENU - 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
School : _____		Circle R , V or C for each day meal service is desired. R -Regular Entree, V - Vegetarian Entrée and C - Cold Entrée		
Student's Name : _____ Room # _____				
Meals Milk/Juice/Water X = \$ _____ Check# _____				
	1	2	3	4
	Oven -Baked Chicken Tenders (R)	Breakfast Burrito -Egg, Sausage & Cheeses (R)	Classic Spaghetti & Meat balls With Marinara (R)	Fresh Baked Pepperoni Pizza (R)
	Teriyaki Vegetables ,Spring Roll & Rice Bowl (V)	Baked Three Cheese Penne Pasta (V)	Buttered Spagetti & Vegi With Parmesan (V)	Fresh Baked Cheese Pizza (V)
	Hawaiian BBQ Chicken Sandwich W/Pineappl (C)	Turkey & Chesses in a Bagel Sandwich (C)	Creamy Chicken Caesar Salad (C)	Honey Crunchy Chicken Corn Dog (C)
7	8	9	10	11
Whole Grain Breaded Chicken Nuggets	Classic Spaghetti with Meat Sauce (R)	All-American Hamburger With Red Potatos (R)	Teriyaki Chicken Rice Bowl (R)	Fresh Baked Pepperoni Pizza (R)
Cheese & Vegetable Lasagna	Bagel Pizza - Cheese, & vegetables (V)	Italian Herb Mozzarella Cheese Sticks (V)	Fresh Organic Bean, Cheese & Rice Burrito (V)	Fresh Baked Cheese Pizza (V)
Ham & Swiss Cheese Club Sandwich	Classic Turkey Club Sandwich (C)	Garden Fresh Tuna Salad Sandwich (C)	Creamy Chicken Caesar Salad (C)	Sweet Chicken Teriyaki sandwich (C)
14	15	16	17	18
Herb Roasted Chicken Drumsticks (R)	Pan-Seared Potstickers (R)	Classic Spaghetti & Meat balls With Marinara (R)	All-American Cheeseburger With Red Potatos (R)	Fresh Baked Pepperoni Pizza (R)
Four Cheese Ravioli W/Marinara Sauce (V)	Italian Herb Mozzarella Cheese Sticks (V)	Buttered Spagetti & Vegi With Parmesan (V)	Grilled Cheese Sandwich (V)	Fresh Baked Cheese Pizza (V)
BBQ Chicken Club Sandwich (C)	Classic Turkey Club Sandwich (C)	Garden Fresh Tuna Salad Sandwich (C)	Smoked Chicken Sausage Sandwich (C)	Grilled Chicken Classic Sandwich (C)
21	22	23	24	25
	Classic Spaghetti with Meat Sauce (R)	Whole Grain Breaded Chicken Nuggets (R)	Teriyaki Chicken Rice Bowl (R)	Fresh Baked Pepperoni Pizza (R)
HOLIDAY	Bagel Pizza - Cheese, & vegetables (V)	Four Cheese Ravioli W/Marinara Sauce (V)	Fresh Organic Bean, Cheese & Rice Burrito (V)	Fresh Baked Cheese Pizza (V)
	Classic Turkey Club Sandwich (C)	Hawaiian BBQ Chicken Sandwich W/Pineapple (C)	Creamy Chicken Caesar Salad (C)	Honey Crunchy Chicken Corn Dog (C)
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Ranch Crispy Chicken Wrap (R)	1. All sales are non-cancelable and non-refundable. Please check your calendar before placing the order.			
Baked Three Cheese Penne Pasta (V)	2. Lunch can be ordered manually by using one of our menus obtain from your respective school office or online.			
Classic Turkey Club Sandwich (C)	3. School Caterers reserves the right to substitute menu items with like items should the circumstance warrant.			

